

# Shedder Membership Form

Please complete the details below to apply for membership to Wendover Shed.

<b>Personal Details</b> Your details will be added to our online member database. Please see our Privacy Policy at www.wendovershed.org.uk/privacy-policy.					
First Name		st Name			
E-Mail	Pho	none No			
Address					
Interests and Sk	ills				
Please provide a summa	ry of your interests and skills you may like to bring to Wend	dover Shed. Please provide additional details overleaf.			
<b>Emergency Contact Details</b> Please provide details of someone to contact and your doctor in case of you being involved in an accident or emergency.					
Contact Name	Pho	none No			
Doctor Name	Pho	none No			
Medical Conditions					
Please state any medical details of which we should be aware in case of emergency (e.g. diabetes, epilepsy, medication)					

We suggest our members pay an annual membership donation of £15, with a £2 donation per visit (payable only once per week). Donations can be made online, by bank transfer or in person at the shed. Annual membership renews on 1 April each year, reducing pro-rata for people joining mid-year. Payment details are available at the shed.

Please complete all pages of this form, including the signature and date on the last page.

Completed forms should be emailed to **info@wendovershed.org.uk** or posted to **Robert Duggan, Wendover Shed, c/o 91 Aylesbury Road, Wendover, HP22 6JN**.

Please note that you can also apply online, via our website at <u>www.wendovershed.org.uk</u>.

# **Declarations and Disclaimers**

You must read in full and confirm your acceptance and agreement to each of the following statements by ticking the box. Please remember to sign and date this form.

#### Safety

I understand that the activities of the Wendover Shed carry hazards and I will be doing them at my own risk. I understand that my safety is my own responsibility and confirm that I will comply with the Wendover Shed's Health and Safety policy. I will wear any personal protective equipment deemed necessary for any particular item of equipment and will comply with any and all safety instructions. I agree to ensure my full understanding of the instructions for use and safety on every piece of equipment I use and I will act responsibly to ensure my own safety and that of others. I understand that Wendover Shed excludes all liability to the full extent permitted by law and accept that not Wendover Shed nor any of its committee, volunteers or other members shall be liable for any direct or indirect loss, damage or injury arising from or in connection with my participation in Wendover Shed's activities and I waive all and any claims in this respect.

I hereby consent that I have read, understood and agree to the above statement.

#### Health

I understand that I must disclose details about my health that might affect me in carrying out the activities in Wendover Shed. I understand that Wendover Shed is not responsible for giving medical assistance or organising carers or medical support beyond seeking help in an emergency or referring me to professional services if they deem me to be at risk.

I hereby consent that I have read, understood and agree to the above statement.

ALL medical information will be treated as confidential and held securely.

Privacy

I consent to the collection and use of my personal information for the purposes of my membership of Wendover Shed and in Wendover Shed communicating information to me.

I understand that from time to time photographs and videos may be taken within the Shed. I consent to their use by Wendover Shed and UK Men's Sheds Association in publications, newsletters and in the media to highlight the good work of Men's Sheds. I understand that this consent can be withdrawn at any time in writing.

I hereby consent that I have read, understood and agree to the above statement.

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ALL information will be treated as confidential and held securely. Your personal information will never be distributed, sold or shared with third parties not stated above, except if required by law.

Print Name	Date	
Signature		

# **Interest and Skills**

Please tell us more about your level of interest and skills.

Professional = occupation or trade Hobby = home workshop or DIY Interested = want to get learn more

Metalwork	Woodwork
Hand Tools e.g. hacksaw, file, hand-drill Professional  Hobby  Interested	Hand Tools e.g. hand-saw, hand-drill Professional  Hobby Interested
Bench Tools e.g. bench grinder, column drill Professional  Hobby  Interested	Simple Power Tools e.g. drill, jigsaw Professional  Hobby Interested
Machine Tools e.g. lathe, milling machine Professional Abby Interested	Power Tools e.g. circular saw, chop saw, router Professional  Hobby Interested
Model Engineering Professional  Hobby Interested	Machine Tools e.g. lathe, bandsaw, table saw Professional  Hobby  Interested
Blacksmith & Forging Professional  Hobby Interested	Carpentry Professional  Hobby  Interested
Welding Professional Abby Interested	Furniture Making Professional  Hobby  Interested
Other:         (please describe)           Professional         Hobby         Interested	Carving / Whittling Professional  Hobby  Interested
Other:         (please describe)           Professional         Hobby         Interested	Woodturning Professional  Hobby  Interested
Other:     (please describe)       Professional     Hobby     Interested	Other:     (please describe)       Professional     Hobby     Interested

Other Practical				Other Skills
Building Work Professional	Hobby 🗆	Interested $\Box$		First Aid Trained Professional  Hobby I Interested
Electrics Professional	Hobby 🗌	Interested $\Box$		Project Management Professional  Hobby I Interested
Plumbing Professional	Hobby 🗆	Interested $\Box$		Event Planning Professional  Hobby Interested
Electronics Professional	Hobby 🗆	Interested $\Box$		Bookkeeping and Accountancy Professional  Hobby Interested
Painting & Dec Professional 🗆	orating Hobby □	Interested $\Box$		Fundraising e.g. grants, sponsorship & donations Professional  Hobby Interested
Gardening Professional	Hobby 🗆	Interested $\Box$		Sales & Marketing Professional  Hobby I Interested
Other: Professional	Hobby 🗆	Interested $\Box$	(please describe)	Policies e.g. Health & Safety Professional  Hobby  Interested
Other: Professional	Hobby 🗆	Interested $\Box$	(please describe)	IT & Web Professional  Hobby Interested
Other: Professional	Hobby 🗆	Interested $\Box$	(please describe)	Other:     (please describe)       Professional     Hobby     Interested

#### Key:



# Wendover Shed

## What is Wendover Shed?

Wendover Shed is a community project to set up a shared space where people can meet to create and share practical projects, with access to working facilities, tools, and each other's help and experience. The goal is to promote health and well-being through social interaction and practical activities.

The Wendover Shed will be similar to a garden shed – a place to pursue practical interests at leisure, to practice skills and enjoy making and mending. The difference is that garden sheds and their activities are often solitary in nature while the Wendover Shed will be the opposite. It will be about social connections and friendship building, sharing skills and knowledge, and of course a lot of laughter.

For a long time research has shown the negative impact of loneliness and isolation on a person's health and wellbeing. Recently it is better understood that loneliness and isolation can be as hazardous to our health as obesity and excessive smoking. Surveys from mental health charities are finding that millions of people report feeling lonely on a daily basis.

The Wendover Shed will be about meeting like-minded people and having someone to share your worries with. It is about having fun, sharing skills and knowledge with like-minded people and gaining a renewed sense of purpose and belonging. As a by-product of all of that they reduce isolation and feelings of loneliness, they allow people to deal with mental health challenges more easily and remain independent, they rebuild communities and in many cases, they save lives.

## Who should Join Wendover Shed?

We like to understand each member's personal interests, skills and motivations to ensure the best access to our facilities.

You might be looking to join our practical make and mend sessions or simply meet up for a coffee and a natter. You might want to help us paint our new shed or help us with a small garden outside. Alternatively, you may be looking to get more involved as a volunteer, helper or sponsor to support our activities.

Once we receive your membership form, we will be in contact to understand how you would like to get involved.

### Donations

We suggest our members pay an annual membership donation of £15, with a £2 donation per visit (payable only once per week). Donations can be made online, by bank transfer or in person at the shed. Annual membership donation is due on 1 April each year, reducing pro-rata for people joining mid-year. Payment details are available at the shed.